

10 VITAL DETAILS FOR CUP SPRING BREAK

1. ARRIVAL

Time: **10:00 A.M.** on Saturday, first day of program

Place: Circle Urban Ministries at 118 N Central Ave, Chicago IL 60644 (773) 921-1446

Directions: Circle Urban is at the corner of Washington Street and N. Central Ave.

- Exit the Eisenhower Expressway (I-290) at Central Ave, which runs north/south @ 7 miles west of downtown
- Go north on Central Ave about one mile (pass 118 South Central and Madison)
- Cross Washington Street, and on the west side of N. Central you will see the Circle Urban Ministry/Rock Church building.
- Just north of the building is a parking lot.
- Leave your luggage in your car but bring your money/checkbook to complete your payment. The main entrance is on Central.

2. DEPARTURE

4:30 pm on Thursday, last day of program. If flying please leave after 6:45 pm

3. EMERGENCY CALLS

If someone needs to reach you, they can call your cell phone

They can also leave a message with the CUP Director: Beth Hedges 773-230-4661. Leave name, number, what the problem is and any other needed info.

4. HOUSING

You will be housed in unfurnished apartments located near Circle Urban Ministries. CUP will supply living room, kitchen and bathroom supplies as well as a mattress. There will be bathrooms and showers available.

Everyone needs to **bring a sleeping bag (or linen & blankets), and pillows.** You will also need to **bring soap, towels, etc.** See "What to Bring" below for more details.

5. BACKGROUND CHECK (Must be completed 10 days before your arrival)

Since you may be working with children or vulnerable adults, InterVarsity is required to do a background check. If you do not complete this check you cannot serve with kids or vulnerable adults.

The check requires a US Social Security number. If you do not have a number just email Beth at izbe@aol.com and let her know and other arrangements will be made. The cost of the check is included in your program costs and both the required personal information and any results are kept confidential.

Thank you for taking a moment to help with this important matter.

- Go to <http://www.churchvolunteercentral.com/intervarsity.asp>
- Check the "I agree" box for the check.
- Check "**Applicant for Urban Project, Plunge or Dip**" in the "relationship" box select
- Check "**Chicago**" in the the "location" box
- Check "**Urban project, plunge or Dip**" in the "Ministry" box
- Check all boxes and click "submit."

6. SERVICE ASSIGNMENT

Each week what needs to be done on a given work site varies. Please come prepared to do whatever needs to be done. Sometimes rehab of old buildings is involved. If, because of health reasons, you should not do certain types of work, please let the director know during registration. Those who pass the background check may be working with kids in after-school programs or senior adults.

7. OFFERING: An offering will be taken to expand God's kingdom in the urban community.

8. WHAT TO BRING

- 1) Bedding: Sheets, blankets (or sleeping bag), pillow, etc. If you are flying CUP has some bedding available
- 2) Towel, washcloth, soap, toiletries, medicines etc.

3) Bible, journal/notebook, pen

4) Clothing

Sat, Sun afternoon, and Thurs - casual clothes for around CUP

Sun- dressy clothes for church – women: skirt or nice slacks, men: nice slacks, dress shirt, tie.

Mon to Weds – this depends on service sites. We suggest

- 1 set of work clothes for dirty work, including warm clothes and jacket for outdoors work.
- 2 sets of after-school classroom setting clothing

5) Items to donate to local ministry

We are collecting personal and hygiene items that cannot be purchased with food stamps for local ministries. Consider bringing diapers, feminine products, toothpaste, deodorant, liquid sanitizer, conditioner, toilet paper, first aid items, dish soap, toothbrushes, hand soap, skin lotion, headache medicine, shampoo, or laundry supplies to donate.

6) Optional items

Money for offering and book table

Musical instrument; songs to share for worship

Basketballs, cards, other games

9. TRAVEL TO CUP

Please make your own travel arrangements.

To take public transit call the CTA at 312-836-7000 and tell them where you are leaving from and where you are going. They will tell you how to do that. You can also map this on Google.

If you are flying, taking Greyhound, Amtrak or Metra you can take public transit to Circle.

If you are travelling alone via public transit, please let us know your travel arrangements by emailing Beth at izbe@aol.com so we can keep an eye out for you.

10. ATTITUDE

Come prepared to learn.

Come prepared to serve without complaining in what ever assignment you are given, even if it's not your first choice.

Come prepared to grow your relationship with Jesus Christ.

The Chicago Urban Project team looks forward to your participation.

May the Lord grant you safe travels and a prepared heart.

For the CUP Team

Beth Hedges

izbe@aol.com

773-230-4661